

mama's food

Do you have any allergies? Please let our staff know.

Breakfast and Brunch

Mama's Shakshuka

Mediterranean shakshuka with avocado, feta and bread (+ egg 1.50)

Medium suitable for 1 person **14.50**
Large suitable for 2 people **28.00**

Greek Yogurt

Greek yogurt with oatmeal, fruit, honey

8.00

Croissant special

Croissant or bread with avocado, scrambled eggs, cheese, lettuce and turkey ham

11.50

Tortilla Espagnola

with burrata, sausage and salad

15.00

Gozleme

spinach with feta flatbread (gozleme) and salad

11.00

Breakfast platter

boiled eggs, a mix of cheeses, jams, coffee or tea, yogurt with fruit, English clotted cream, salad, and bread

Medium suitable for 1 person **15.00**
Large suitable for 2 people **28.00**

Sandwich & Omelet

Mama's Sandwich

gluten-free available
avocado, sun-dried tomatoes, grilled halloumi, hummus and egg

12.50

Papa's Sandwich

gluten-free available
avocado, beet, cottage cheese or burrata, egg and salad mix

12.50

Spanish Omelet

with tomatoes and salad

10.75

Champignon Omelet

with avocado and Greek salad

12.00

Extras:

vegan sausage (per piece)	2.00
turkey ham (per piece)	1.50
cheese	2.00
salmon	3.75
burrata cheese	4.80
egg	1.50
bread	1.00



Please note: Card payments only.



Salades

Avocado Salad

15.00

Salmon Salad

16.00

Tuna Salad

15.00

Griekse Salad

15.00

Shrimp and Avocado Salad

17.50

Mama's homemade soup

Mama's Pumpkin Soup

8.50

Mama's Chicken Soup

9.50

Mama's Mushroom Soup

8.50

Mama's Broccoli Soup

8.50

Mama's Sun-Dried Tomato Soup

8.50

Mama's Lentil Soup

8.50

Mama's Asparagus Soup

8.50

Mama's Spinach Soup

8.50

Mama's French Onion Soup

9.50

Mama's Special Soup

8.50

Extra:

gluten-free bread	1.75
bread basket	3.75
Vegan sausage	2.50

Please note that not all soup options may be available due to our commitment to fresh, daily preparations. Ask our staff for today's delicious selections!

For kids

Happy Kids Sandwiches

8.00

speculoos spread with fruit and honey

Twirly Tomato Pasta

12.00

pasta pomodoro with parmesan cheese

Mama's Veggie Kids

12.00

vegetarian sausages or meatballs with mashed potatoes and tomato sauce

Veggie Vegan

mama's food

Mama's specials

Paprika Dolma

stuffed bell peppers with a mix of cheeses

14.00

Zucchini Surprise

zucchini with cheese and vegetables served with mashed potatoes

15.00

Quiche of the Day

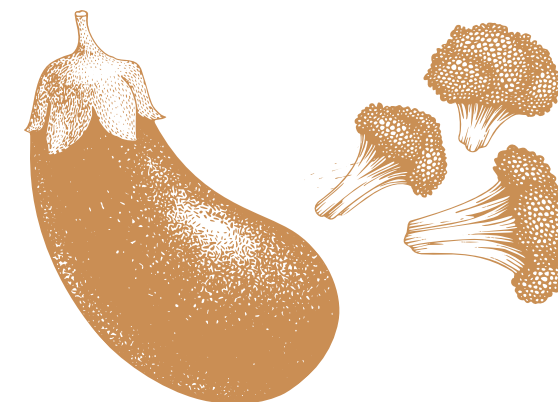
quiche filled with ricotta and spinach

13.00

Mama's Seasonal special

ask our staff to discover the seasonal special

15.00



Tortellini & Ravioli

Tortellini with ricotta and spinach

15.00

Ravioli with truffle mushrooms

17.00

Ravioli with ricotta and spinach

glutenfree

18.00

Manti special

turkish ravioli with spiced minced meat and a mild chili dressing - served with creamy yogurt sauce

17.00

Extra Parmesan (veggie or normal)

1.50

Tagliatelle

Tagliatelle with salmon and spinach

19.00

Black Tagliatelle

19.00

with shrimp, seafood, and asparagus

Extra Parmesan (veggie or normal)

1.50

Papa's pasta's

Spaghetti Bolognese

spaghetti with plant-based minced meat.

15.00

Penne Alfredo

penne with chicken pieces and mushrooms in a creamy cheese sauce

18.50

Penne Pesto with chicken

penne with chicken pieces

15.00

Spinach Spaghetti high protein

pesto pasta

16.00

Papa's Seasonal special

ask our staff to discover the seasonal special

18.00

Extra Parmesan (veggie or normal)

1.50

Risotto

Mushroom Risotto

17.00

Vegetarian Risotto with Vegetables

18.00

Seasonal Special

risotto with seafood **19.00**

Extra Parmesan (veggie or normal)

1.50



Gluten-Free dishes - We strive to prevent cross-contamination when preparing gluten-free dishes; however, we cannot guarantee the absence of gluten traces. Therefore, these dishes may not be suitable for individuals with celiac disease or severe gluten allergies.

Veggie Vegan

menu

Tapas platter

Assortment of hummus, grilled vegetables, dolma or borek, salad, olive mix, pepper with mozzarella, bread, and more...

Small <i>suitable for 1-2 people</i>	14.00
Medium <i>suitable for 2-3 people</i>	28.00
Large <i>suitable for 3-4 people</i>	42.00

 **Hummus & Tzatziki** 10.00
served with bread


 **Grilled Vegetables** 12.00
eggplant, bell pepper, and zucchini with tomato sauce

 **Dolma** 15.00
stuffed grape leaves and cabbage leaves

 **Empanada** 10.00
2 pieces served with a side salad

Gozleme 11.00
spinach with feta flatbread (gozleme) and salad

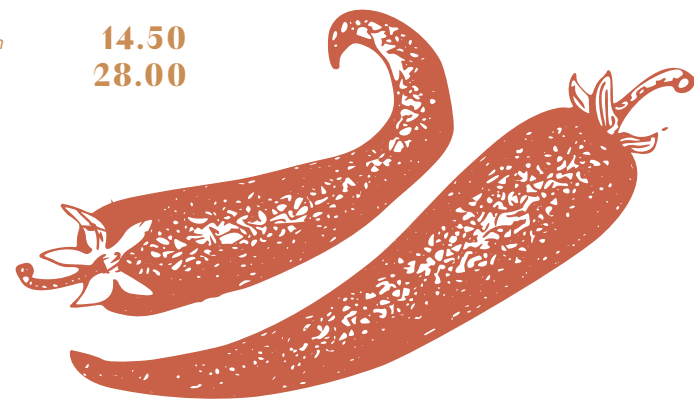
Manti 10.00
turkish ravioli with spiced minced meat and a mild chili dressing - served with creamy yogurt sauce

 **Mama's Shakshuka**
mediterranean shakshuka with avocado, feta and bread (+ egg 1.50)

Medium <i>suitable for 1 person</i>	14.50
Large <i>suitable for 2 people</i>	28.00

Extra

Gluten-free bread €1,75
Extra Egg €1,50



taste the goodness of mom's kitchen

Glutenvrije gerechten - We doen ons uiterste best om kruisbesmetting te voorkomen bij het bereiden van glutenvrije gerechten, maar we kunnen niet garanderen dat er geen sporen van gluten aanwezig zijn. Daarom zijn deze gerechten mogelijk niet geschikt voor mensen met coeliakie of ernstige glutenallergieën.

 Vega  Vegan

mama's soup

menu