

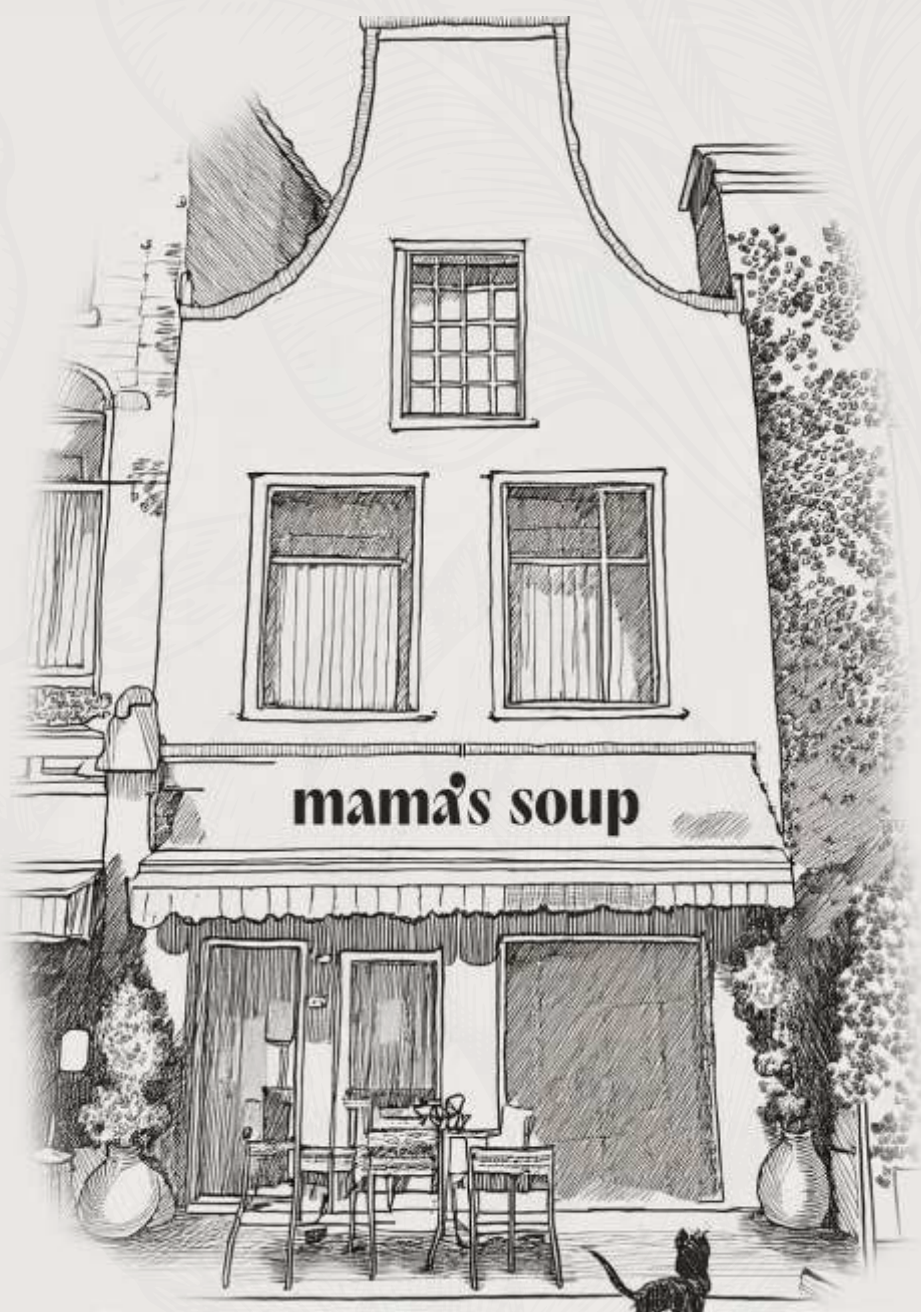


menu

mama's soup

menu

Do you have any allergies? Please let our staff know.



Grote Houtstraat 146, Haarlem



mama's food

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Breakfast

Mama's Shakshuka  **15.00**
(with 2 eggs)

Traditional Mediterranean dish of bell peppers, onions, and eggs, simmered in a chopped tomato sauce; garnished with parsley, feta, and mint served with bread.

+ egg 2.50 **Large 30.00**
(with 4 eggs)

Greek Flatbread (Gozleme)  **13.00**
spinach with feta cheese flatbread (gozleme) and salad

Spanish Tortilla  (Spanish omelet) **13.00**
Traditional Spanish potato omelette with egg and potato. Served with grilled tomatoes and salad.
+Burrata cheese 5.00

Authentic Breakfast Platter **11.00**
Turkish bagel (simit), white cheese, tomatoes, cucumbers, olive, jam, butter with coffee or tea.

+Tapas Menemen 7.00
+2 eggs 5.00
+Turkish bagel (Simit) 3.00

Breakfast Platter **11.00**
scrambled eggs, mix of cheeses, jam, coffee or tea, butter, salad and bread, with coffee or tea.
+Turkish bagel (Simit) 3.00
+ Yogurt with fruit, 4.50

Greek Yogurt  **9.00**
Greek yogurt with oatmeal, fruit, honey and cinnamon

Brunch

(We kindly request that you make a reservation in advance.)

- Greek Flatbread (Gozleme)
- Cheese Platter
- Menemen (Turkish scrambled eggs with tomatoes)
- Olive Platter
- Sliced tomatoes and cucumbers
- Jam with butter
- Turkish Bagel (Simit) and bread basket
- Tea or coffee of your choice

€46
(for two people)

Sandwich & Omelet



Mama's Sandwich **14.50**
avocado, sun-dried tomatoes, grilled halloumi, hummus and egg **Gluten-free**
option available + 3,00 €

Papa's Sandwich  **14.50**
avocado, bieten, cottage cheese of burrata, ei en slamix **Gluten-free**
option available + 3,00 €

Greek Authentic Menu  **16.00**
Mucver(Fried Zucchini Fritters)
potato, zucchini, carrot, cheese with creamy yoghurt (vegetarian)

special
Croissant OR Greek Pita **15.00**
turkey ham, scrambled eggs with cheese, hummus, pesto, tomatoes

Quiche of the Day **15.00**
quiche filled with ricotta and spinach

Mushroom Omelet **15.00**
Mushrooms, cheese, fresh herbs and tomato in flatbread, with salad.

Extras:

bread (slice)	1.00
bread (slice) (gluten-free)	2.00
bread basket (gluten-free)	5.75
bread-basket	3.75
Turkish bagel (Simit)	3.00
Greek pita - small	1.75
Greek pita - large	2.50
sausage	2.50
vegan sausage	3.50
parmesan (vegetarian or normal)	2.00
turkey ham	3.00
cheese (slice)	2.00
salmon	4.50
burrata cheese	5.00
egg	2.50
avocado	1.50
butter	1.50



Please note: Card payments only.



Vegetarian



Vegan



Lactose-free



Gluten-free



mama's food

Mama's homemade soup

Mama's French Onion Soup	9.80
Mama's Chicken Soup	9.80
Mama's Pumpkin Soup	8.80
Mama's Mushroom Soup	8.80
Mama's Broccoli Soup	8.80
Mama's Sun-Dried Tomato Soup	8.80
Mama's Lentil Soup	9.00
Mama's Asparagus Soup	8.80
Mama's Spinach Soup	8.80
Mama's Seasonal Special	8.80

Suggested: Butter or olives with special olive oil, Greek pita 5.00

Extra's:	
bread (slice)	1.00
bread (slice) (gluten-free)	2.00
bread basket (gluten-free)	5.75
Greek pita - small	1.75
Greek pita - large	2.50
bread-basket	3.75
Turkish bagel (Simit)	3.00
sausage	2.50
vegan sausage	3.50
roomboter	1.50

Please note: not all soup options are possible due to our dedication to fresh, daily preparations.

Ask our staff for lactose-free and gluten-free options, as well as today's delicious selections!

For kids

Happy Kids Sandwiches	8.00
speculoos spread with fruit, honey and cinnamon	
Gluten-free option available + 3,00 €	

Tomato Pasta	13.00
spaghetti or penne with pasta pomodoro and parmesan	

Mama's Kids	13.00
vegetarian sausages or meatballs with mashed potatoes and tomato sauce, with parmesan	
+ 5 meatballs (Beef)	5.00

Salads

Avocado Salad	16.00
fresh lettuce, avocado, mozzarella, red onion, mixed seeds, baked bread, chickpeas, tomatoes sweet corn with olive oil dressing	
Salmon Salad	17.00
fresh lettuce, salmon, red onion, sweet corn, seeds, dill, chickpeas, radish, cucumber, tomatoes, yogurt and olive oil dressing	
Tuna Salad	17.00
fresh lettuce, tuna, egg, radish, chickpeas, sweet corn, red onion, seeds, olive, tomatoes, dill, cucumber, yogurt and olive oil dressing	
Greek Salad	16.00
fresh lettuce, tomatoes, cucumber, radish, feta cheese, red onion, sweet corn, radish, fried bread, fried bread, oil dressing	
Shrimp and Avocado Salad	18.00
verse sla, garnalen, avocado, rode ui, zaden, sweet corn, radish, chickpeas, tomatoes, cucumber, yogurt and olive oil dressing	
(all salads are BIG portions)	

Mama's specials

Paprika Dolma	16.50
stuffed peppers with a mix of cheeses, with salad	
Zucchini Surprise	16.00
served with salad	
mashed potatoes + 4.00	
Gyros Dish	23.00
portion of 4 grilled chicken pieces, Greek pita, salad with feta tzatziki, Greek pilaf with chickpeas	
Greek Kofta Souvlaki (Meatballs)	21.00
with Greek pita bread, authentic salad and creamy tzatziki	
Tuscan Caprese Chicken	20.00
chicken, mozzarella cheese, Toscana's special tomato sauce and spices	
Dolma (Sarma)	17.50
stuffed grape leaves or cabbage leaves	
Mama's Seasonal Special	20.00
ask our staff to discover what the seasonal special is	



mama's food

Do you have any allergies? Please let our staff know.

Tortellini & Ravioli

- Tortellini with ricotta and spinach

with parmesan

18.00
- Ravioli with truffle mushrooms

with parmesan

19.00
- Ravioli with ricotta and spinach

with parmesan

18.00

Glutenvrij
mogelijk + 3,00 €

Manti

special

19.00

Turkish ravioli with spiced minced meat (beef) and a mild chili dressing - served with creamy yogurt sauce.

Tagliatelle

- Tagliatelle with salmon and spinach

with parmesan

20.00
- Black Tagliatelle

with shrimp, seafood and parmesan

21.00
- Parmesan (vegetarian or normal)

2.00

Papa's pasta's

- Spaghetti Bolognese

spaghetti with vegetable mince (beef), with parmesan

16.00
- + 5 meatballs (Beef)

5.00
- Penne Alfredo

penne with chicken pieces and mushrooms in creamy cheese sauce, with parmesan

19.00
- Penne Pesto with Chicken

penne with chicken pieces, with parmesan

19.00
- Spinach Spaghetti High Protein

pesto pasta, with parmesan

16.00

Ask our staff about gluten-free options

Risotto

- Mushroom Risotto

with parmesan

19.00
- Vegetarian Risotto with Vegetables

with parmesan

19.00
- Seasonal Special

with parmesan

21.00



High Tea

(We kindly request that you make a reservation in advance.)

- Orange juice
- Mix of cucumber and pepper sticks
- Sweet snacks
- Cups of soup with crispy bread
- Small sandwiches
- Cream cheese and hummus rolls
- One cup of tea or coffee per person

€45
(for two people)
+ Mocktail 12.00
(for two people)



Vegetarian Vegan Lactose-free Gluten-free

Gluten-free dishes - We do our utmost to prevent cross-contamination when preparing of gluten-free dishes; however, we cannot guarantee the absence of gluten traces Therefore, these dishes may not be suitable for people with gluten problem or serious gluten allergies.

Available in:

EN
NL
DE



mama's food

Tapas platter

Assortment of hummus, tzatziki, grilled vegetables, dolma OR gözleme, salad, olive mix, pepper with mozzarella, bread or Greek pita

Tapas platter	<i>suitable for 2 people</i>	30.00
Large	<i>suitable for 4 people</i>	59.00
Grilled chicken pieces (+ 4 pieces)	<i>with salad</i>	9.00
Meatballs in tomato sauce (+6 pieces)		9.00

Tapas Shakshuka	8.50
with pita	
Tapas Mucver (2 slices)	8.50
with sauce and salad	
Tapas Gozleme (Greek Flatbread)	7.00
spinach with feta flatbread (gozleme) and salad	
Grilled Chicken Pieces (+ 4 pieces)	10.00
with pita and salad	
Meatballs (Beef) in tomato sauce	10.00
6 pieces (served with yoghurt-garlic sauce and Greek pita)	
Hummus	6.00
served with Greek pita	
Tzatziki	5.00
served with pita	
Tapas Grilled Vegetables	9.00
eggplant, bell pepper and zucchini with tomato sauce and Greek pita	
Tapas Manti <i>special</i>	9.00
Turkish ravioli with spiced minced meat (beef) and a mild chili dressing - served with creamy yogurt sauce	
Tapas Dolma (Sarma)	8.00
stuffed grape leaves or cabbage leaves	
Empanada	8.00
1 piece served with a side salad	
Vegetarian Rolls	7.50
salmon or spinach with cream cheese filling (<i>Salmon +4.50</i>)	

new

Shared Dining

Create Your Own Menu

Mama's Feast Menu	51.00
1 soup of your choice <i>small</i>	
2 types of tapas	
1 main course of your choice	
1 dessert of your choice (dessert OR mocktail)	

Mama's Table Menu	41.00
1 soup of your choice <i>small</i>	
1 type of tapas OF 1 small salad (Greek or avocado)	

1 main course of your choice	
1 dessert of your choice	

Papa's Tapas	39.00
4 types of tapas AND	
1 small salad (Greek or avocado)	

Extra's:		
	bread (slice)	1.00
	bread (slice) (gluten-free)	2.00
	bread basket (gluten-free)	5.75
	bread-basket	3.75
	Turkish bagel (Simit)	3.00
	Greek pita - small	1.75
	Greek pita - large	2.50
	sausage	2.50
	vegan sausage	3.50
	parmesan (vegetarian or normal)	2.00
	turkey ham	3.00
	cheese (slice)	2.00
	salmon	4.50
	burrata cheese	5.00
	egg	2.50
	avocado	1.50
	butter	1.50

taste the goodness of
mom's kitchen

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Lactose-free



Gluten-free



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EN
NL
DE

mama's desserts

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Desserts

Apple Pie With whipped cream

6.00

Red Velvet

7.00

Tiramisu   

5.50

Caramel Cheesecake



7.00

Strawberry Cheesecake Slice



5.50

Brownie with Orange

With whipped cream



7.00

Kavala Cookies

3 pieces Greek butter cookies with almonds

4.00

Homemade Rice Pudding   **(Sutlac / Riz au lait / Rizogalo)**

vegetarian and gluten-free with cinnamon

small 6.00

big 11.00

Extras: ~~~~~

+caramel 1.50 +fruit 1.50 + whipped cream 1.50

Aperitif & Mocktails

Alcohol-free - Vegan - Gluten-free - Low in calories

Crodino Biando (sparkling water +3.00)

4.50

Spritz

bitter orange spritz - dried and fresh citrus fruits, spumante

8.50

Pink Mocktail

grapefruit, mint, tonic and red fruit, spumante

8.50

Virgin Mojito

lemon and mint, spumante

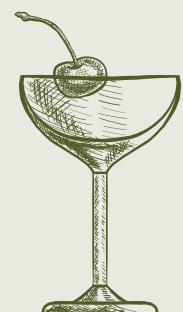
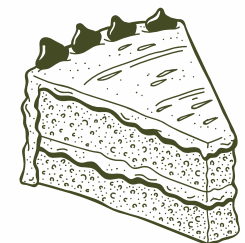
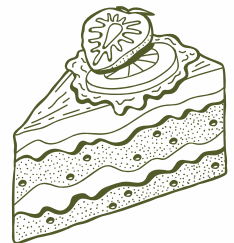
8.00

Papa's Tonic

lemon and lime/fruit

6.50

mmm!



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Lactose-free



Gluten-free



mama's drinks

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Hot Beverages

Coffee	3.25
Espresso	3.75
Double Espresso	4.75
Cappuccino	with oat or cow's milk 4.60
Fresh Tea	with mint and ginger 4.50
Tea	various flavors 3.25
Kids Latte	hot chocolate with whipped cream 4.25

Cold Beverages

Smoothies 8.00

Jungle Juice with strawberry, açai, blueberry, mango, oat milk
Green Boost with pineapple, banana, broccoli, celery, spinach, oat milk

Protein Smoothie 8.50

Red Super Booster with strawberry, blueberry, vanilla whey protein, oat milk

Frappe Iced Coffee 8.00

Natural Apple Juice 4.00

Homemade Lemonade with seasonal fruit 6.00

Fresh Orange Juice 4.00

Water normal or sparkling 3.00

Ice Tea 3.80

Cola Zero 3.80

Ginger Ale 3.80

Ginger Beer 4.80

